

LESSON PLAN

Participants: Pupils in Year 5 and 6.

Curriculum: Key stage 2 P.S.H.E. and Citizenship,
Pupils learn about keeping safe.

Objective: To raise awareness of cyberbullying.

Time: 45 minutes. Activity times are used as a guide.

Materials: Blackboard/White board, Writing paper, pens, pencils, paints
Sufficient copies of resource 1; colouring in cyber poster (available as a free download from: www.saynotobullying.org.uk/downloads).

Resources: www.kidscape.org.uk www.childnet-int.org

ACTIVITIES

Show the class a copy of the black and white poster of the knight surfing. Ask the children:

- What they think the poster shows.
- Why is he /she surfing?
- Why a knight – what does he/she need his/her armour for?

There are three signs on the islands; gaming, email and chat rooms. Taking one at a time, ask the children to call out what they think each sign means. Tell the class you would like to look at each one in turn.

(5 mins)

GAMING

Ask the children what they enjoy about playing games online, encourage them to tell you the games they play.

Ask the children what they need to be careful of when playing online games. Discuss their responses and summarise with the following key safety points; we call these the

Safe Three Rules:

- Never give out personal information when gaming. This includes your address, real name or telephone number.
- If someone says something nasty or abusive TELL someone immediately. This should be your parent/guardian or report it on the site where you are playing.
- Create a family email address. Children should be encouraged to sit with their family and agree an email address they can all use. This is really helpful when it comes to signing up for online games.

(5 mins)

EMAIL

Ask the children how many of them have an email address and use email to contact their family and friends. Ask the question, "Why is email so useful?". It is important children know how to be safe using email. Tell the children you would like them to remember the

Safe Three Rules:

- Have an email address which is suitable for your age and not rude.
- Never respond to an email if you don't know who the person is.
- If anyone says something nasty or abusive TELL your parents/guardian.

(5 mins)

CHATROOMS

Ask the children what chatrooms are and ask who uses them. Reiterate that with parental guidance chat rooms suitable for primary school children can be fun; however, it is important to be safe when in chatrooms. Tell the children you would like them to remember the

Safe Three Rules:

- Only go in chat rooms suitable for your age group.
- Never give out any personal information no matter how friendly the person may appear to be.
- If anyone is rude to you or asks to meet you TELL a parent/guardian immediately.

(5 mins)

What **Safe Three Rules** can the children suggest?

Conclude learning from the lesson. Encourage children to visit

www.kidscape.org and www.childnet-int.org/

to learn more about staying safe online.

(5 mins)

For the remainder of the lesson the children can colour in the poster – consider giving a prize for the best colouring in!

(20 mins)

